

2026
13.-19. August

international
contact festival
freiburg

WE ARE BACK AT THE LAKE!

Registration starts on April 1st CEST

Photo: P. Beelaert

**INTENSIVE
TEACHERS**

Benoît Lachambre CA
Vega Luukkonen FI/DE & **Hugh Stanier** UK/DE
Brenton Cheng US
Sabine Parzer A

www.contactfestival.de

& 50 intern. CI teachers,
jams, live musicians,
classes, study labs,
one2one-sessions

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studio	time	Thursday 13.08.26	Friday 14.08.26	Saturday 15.08.26	Sunday 16.08.26	Monday 17.08.26	Tuesday 18.08.26	Wednesday 19.08.26
8:30-9:30 breakfast								
1	10:00-12:30		BENOÎT LACHAMBRE Energy flow as CI bodies <i>Ecosomatics - Consciousness - Poetics</i>					
2			BRENTON CHENG Where to go from here <i>CI - Awareness - Responsiveness</i>					
3			VEGA LUUKKONEN & HUGH STANIER Home in the body <i>CI - Principles - Skills</i>					
4			SABINE PARZER Release.Activate.Connect <i>CI - Developmental Movement - Somatics</i>					
12:30-13:30 lunch								
resting - digesting								
1	14:30-16:30	<i>facilitated lab</i>	<i>facilitated lab</i>	experimental day	one-to-one sessions	<i>facilitated lab</i>		
2		Jesus Alonso	Luca Pacella			Francesca Frewer		
3		Vicky Ola Hasia	Anna Wallin			Marta Lucci		
coffee break								
1	17:00-19:00	18:00 arrival registration dinner	focused JAM	one-to-one sessions	experimental day	<i>facilitated lab</i>		Registration starts on April 1 st CEST Costs: Early bird 500€ ≡ May 1 st 540€ ≡ July 1 st 580€
2						Bari Kim	study lab	
3						Zoe Solomon		
19:00-20:00 dinner								
1	20:30	20:30 welcoming warm up JAM	big circle JAM with live music	JAM	open evening	JAM with live music	JAM	JAM with live music
2			focused JAM	focused JAM		focused JAM	focused JAM	focused JAM
3								
4	from 13:00 on space for bodywork							
5	dormitory							

